"THE RESILIENT LIFE" (Overcoming the Crises and Anxieties of Life Through Christ)

"TRUST GOD IN THE MINUS – OVERCOMING DOUBT" Text: Luke 7:18-23

INTRODUCTION: God often adds blessings to our lives. But sometimes He subtracts from our
lives. We might refer to these times as "seasons of minus". It is during these Seasons of Minus,
we are sometimes prone/inclined to doubt God – <i>His goodness, His wisdom</i> or His
for us. In this study, we will join John the Baptist in prison and we will see how Jesus responded
to his doubts. It is by considering John's experience, we will see how when we learn to bring our
doubts to Christ, we can also learn how to realign our to His Word.
It is safe for us to remember that it is common nature in the life of a Christian to doubt. It is as
we bring our doubts to the Lord and realign our expectations with His Word, we will also learn
that the measurement of true Christian success is not fruitfulness, but
Every day, God loads our lives with blessings – Count them! (Psalm 68:19)
Every good gift in our lives comes from God's Hand. (James 1:17)
Our salvation, our families, the local church, our health and our ability to earn a living are all
gifts given to us from a God. But sometimes God subtracts from our lives as
well. He subtracts people, sometimes material possessions, sometimes health or dreams or any
number of things to which we might feel entitled. We can call these times seasons of minus.
God's servant Job knew these seasons of minus and he came to understand that the same God
who gives has the right to take it back and Job teaches us that we too can trust God during
these seasons (Job 1:21).
None of us has the knowledge or perspective to weigh the good and the bad, but we can still
trust God even when He takes from us those things that we deem as
In Ecclesiastes 7:14, Solomon penned these words – "In the day of prosperity be joyful, but in
the day of adversity consider : God also hath set the one over against the other, to the end that
man should find after him."
In this series of lessons – "The Resilient Life" we've looked at a host of Bible heroes who
encountered some kind of subtraction in their lives. They faced the loss of security, dignity, a
leader, protection, provision and more. But each of them kept in God.
This last Chapter, we consider <i>John the Baptist</i> who encountered a time of loss that led to
doubt and may we allow his life to become a great source of Christian encouragement to each
of us.
I. THE OF JOHN (Matthew 3:1-6)
John had one of the most unusual ministries found in the Bible. He experienced both blessings
and disappointments.

A. GOD BROUGHT				
Matthew tells us that John preached in the "wilderness of Judaea""in Bethabara beyond				
Jordan" – a hot, rugged and desolate area, that annually receives less than inches of				
rain. The nearest town would have been Jericho, which was about 5 miles to the east.				
Luke 3:7 we find "multitudes came to hear John preach and to be baptized of him"				
Of all the attention John was getting, he did not allow it to feed his				
John knew that his chief ministry was to "prepare the way for the Messiah." (John 1:23) God's hand was obviously on John's life, how John must have rejoiced watching the spiritual fruit of his ministry blossom!				
But thenquite suddenly the unthinkable happened. John was and put in prison.				
B. GOD ALLOWED A				
If we could plan the trajectory of our lives and service to the Lord, there would be no setbacks,				
or disruptions. But sadly, that is not how life works in a world.				
Jesus Himself encountered disruptions and setbacks during His three years of ministry -				
(John 6:22-66).				
The Apostle Paul faced <i>seasons of minus</i> too. Paul, in his mission to plant churches in the Roman				
Empire and in the regions beyond was met with obstacles – persecution, imprisonment, false				
teachers and ailments (II Corinthians 11:24-27).				
Yet, we find that God uses setbacks in the lives of His Children for!				
It's important that we remember that God's plan for John's life was for him to come in the Spirit				
of Elijah and to "make ready a people prepared for the Lord" (Luke 1:17)				
The similarities in the ministries of John and Elijah are many, but in the course of their				
ministries, both reached a point of extreme discouragement and				
CONCLUSION: John the Baptist's directness in preaching would eventually cost him his freedom.				
John preached about the sins of his day, including those of rulers. After preaching against the sin				
of Herod's immorality with his sister-in-law, Herod angrily puts John in prison (Luke 3:18-20).				
John the Baptist knew nothing about accommodating his message to the whims of ungodly				
people. John called out the sins of his day and called people to a place of repentance towards				
and Herod did not like it. One day John is preaching to thousands of people.				
The next day he finds himself in prison – <i>A Season of Minus</i> .				

II. THE	OF JOHN		
A. DOUBT CAN		OUR MISPLACED EXPECTAT	TIONS
B. DOUBT CAN		TO THE WORL	D OF GOD
C. DOUBT CAN		US WITH THE GENTLE	NESS OF GOD
III. THE		OF JOHN (Luke 7:24-28)	
A. FAITHFULNESS IS GREA	ATER THAN		
B. WHAT WE HAVE IN CH IN THIS LIFE.	RIST IS GREATER TI	HAN	WE DON'T HAVE
CONCLUSION:			